

# ESOPHAGOGASTRODUODENOSCOPY (EGD) PREP

INTERNAL MEDICINE ASSOCIATES \* 8895 BROADWAY \* MERRILLVILLE, IN 46410

Scheduling Dept. Phone: 219-736-4219 IMA-MED.COM

DATE OF PROCEDURE: \_\_\_\_\_ LOCATION OF PROCEDURE: \_\_\_\_\_

ARRIVE AT THE FACILITY: \_\_\_\_\_  FACILITY WILL CALL YOU WITH AN ARRIVAL TIME

- You **must** have a driver present at all times at the facility who will take you home.
- Public transportation or cabs are not allowed.

## **Blood Thinner Medications:**

*If you take a blood thinner, notify Internal Medicine Scheduling Dept.* for your Special Instructions (Coumadin, Plavix, Brilinta, Eliquis, Lovenox, Xarelto, Aggrenox, Effient, Pradaxa, Zontivity or Savaysa).  
**You may stay on your Aspirin.**

## **PREP INSTRUCTIONS:**

- **DAY OF YOUR PROCEDURE** \_\_\_\_\_ (DATE)
  - **NOTHING TO EAT** after 12 midnight the day of the procedure.
  - **YOU MAY HAVE CLEAR LIQUIDS UP TO 3 HOURS BEFORE YOU ARE TO ARRIVE AT THE FACILITY.** Do **NOT** drink any dairy products, smoothies or anything containing artificial red dye. Please see additional page "Just what is a Clear Liquid".
  - **IF YOU ARE A DIABETIC**
    - Do **NOT** take insulin or other diabetes medication the morning of the procedure. Please check your blood sugar the morning of the procedure and report it to the nurse.
  - **IF YOU ARE ON BLOOD PRESSURE OR HEART MEDICATION**
    - Take your blood pressure and/or heart medication as prescribed **4 HOURS BEFORE** the procedure.